

SUN	MON	TUE	WED	THUR	FRI	SAT
Happy Birthday Jack McCallister 8:00 Chair Exercise at Home (Channel 970) 8:00 Church Service (non denominational) (Channel 970) 10:00 The Early Show (LR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:00 Sunday Football (LR) 1:30 In Words (Bistro) 2:00 5th Sunday Bingo! (Bistro) 3:15 DVD Ministry (LR) 6:30 Evening Movie Harriet (LR)	31 ROOM KEY LAR - Lakeside Activity Room BISTRO - Lakeside Bistro LOB - Lakeside Lobby	LR - Living Room			10:30 Chair Exercise at Home (Channel 970) 10:30 Group Crossword (Bistro) 2:00 Funny Resolutions (Bistro) 3:30 Famous Toasts Happy Hour (Bistro)	10:00 Current Events (LAR) 10:00 Saturday Morning Classic TV (LR) 10:30 Chair Exercise at Home (Channel 970) 1:00 Trivia (LAR) 2:00 Lakeside Bingo (Bistro) 3:15 Classic TV (LR) 6:30 Evening Movie Return to Me (LR)
8:00 Chair Exercise at Home (Channel 970) 8:00 Church Service (non denominational) (Channel 970) 10:00 The Early Show (LR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:00 Sunday Football (LR) 1:30 In Words (Bistro) 3:15 DVD Ministry (LR) 6:30 Evening Movie Baby Boom (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 The Smallest Quiz (Bistro) 1:00 Snack Cart (Lakeside) 2:00 Bingo (Bistro) 3:30 In-Words (Bistro)	10:00 Chalked Words Game (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Birds Of A Feather Alphabet Game (Bistro) 2:00 Lakeside Bingo (Bistro) 3:30 Walk and Talk (LOB) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Watercolors w/ Wally (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 1:00 Snack Cart (Lakeside) 2:00 The Cook Book Club (Bistro) 2:30 Lakeside Scenic Drive (RSVP!) 3:30 Wheel Of Fortune Game (LR)	9:30 Shopping w/ Gary (LOB) 10:30 Chair Exercise at Home (Channel 970) 10:30 Resolution Vision Boards (LAR) 2:00 Lakeside Bingo (Bistro) 3:30 Pearl Harbor Documentary (LR) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 2:00 Bragging Rights (Bistro) 3:30 Favorite Cocktail Happy Hour (Bistro)	10:00 Saturday Morning Classic TV (LR) 10:30 Chair Exercise at Home (Channel 970) 1:00 Trivia (LAR) 2:00 Lakeside Bingo (Bistro) 3:15 Classic TV (LR) 6:30 Evening Movie Shirley Temple Vol. 1 (LR)
8:00 Chair Exercise at Home (Channel 970) 8:00 Church Service (non denominational) (Channel 970) 10:00 The Early Show (LR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:00 Sunday Football (LR) 1:30 In Words (Bistro) 3:15 DVD Ministry (LR) 6:30 Evening Movie Steel Magnolias (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Love Is In The Air (LR) 1:00 Snack Cart (Lakeside) 2:00 Bingo (Bistro) 3:30 In-Words (Bistro)	10:00 Chalked Words Game (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Who's Your Hero (Bistro) 2:00 Lakeside Bingo (Bistro) 3:30 Walk and Talk (LOB) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Get Your Brain Working (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 1:00 Snack Cart (Lakeside) 2:00 The Cook Book Club (Bistro) 3:30 Wheel Of Fortune Game (LR)	9:30 Shopping w/ Gary (LOB) 10:30 Chair Exercise at Home (Channel 970) 10:30 Laugh and Learn (Bistro) 2:00 Lakeside Bingo (Bistro) 3:30 New Resident Reception 1st Floor (Bistro) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 2:00 Well Hello Dolly (LR) 3:30 Come With A Joke Happy Hour (Bistro)	10:00 Current Events (LAR) 10:00 Saturday Morning Classic TV (LR) 10:30 Chair Exercise at Home (Channel 970) 1:00 Trivia (LAR) 2:00 Lakeside Bingo (Bistro) 3:15 Classic TV (LR) 6:30 Evening Movie Romancing The Stone (LR)
8:00 Chair Exercise at Home (Channel 970) 8:00 Church Service (non denominational) (Channel 970) 10:00 The Early Show (LR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:00 Sunday Football (LR) 1:30 In Words (Bistro) 3:15 DVD Ministry (LR) 6:30 Evening Movie Shirley Temple Vol.2 (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Everything Poe (LR) 1:00 Snack Cart (Lakeside) 2:00 Bingo (Bistro) 3:30 In-Words (Bistro)	10:00 Chalked Words Game (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Dolly's Word Search (LAR) 2:00 Lakeside Bingo (Bistro) 3:30 Walk and Talk (LOB) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Watercolors w/ Wally (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 1:00 Snack Cart (Lakeside) 2:00 The Cook Book Club (Bistro) 2:30 Lakeside Scenic Drive (RSVP!) 3:30 Wheel Of Fortune Game (LR)	9:30 Shopping w/ Gary (LOB) 10:30 Chair Exercise at Home (Channel 970) 10:30 DelaWhere? (LR) 11:15 Food Chat (LAR) 2:00 Lakeside Bingo (Bistro) 3:30 New Resident Reception 2nd Floor (Bistro) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 2:00 Radburn NJ Small Town America (LR) 3:30 An Old Fashion Happy Hour (Bistro)	Happy Birthday Wally Zane 10:00 Saturday Morning Classic TV (LR) 10:30 Chair Exercise at Home (Channel 970) 1:00 Trivia (LAR) 2:00 Lakeside Bingo (Bistro) 3:15 Classic TV (LR) 6:30 Evening Movie The Quiet Man (LR)
8:00 Chair Exercise at Home (Channel 970) 8:00 Church Service (non denominational) (Channel 970) 10:00 The Early Show (LR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:00 Sunday Football (LR) 1:30 In Words (Bistro) 3:15 DVD Ministry (LR) 6:30 Evening Movie Independence Day (LR)	10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 1:00 Snack Cart (Lakeside) 2:00 Bingo (Bistro) 3:30 In-Words (Bistro)	10:00 Chalked Words Game (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Tea & Trivia (Bistro RSVP) 2:00 Lakeside Bingo (Bistro) 3:30 Walk and Talk (LOB) 6:30 Evening Movie Netflix Series The Crown (LR)	10:00 Get Your Brain Working (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 1:00 Snack Cart (Lakeside) 2:00 The Cook Book Club (Bistro) 3:30 Wheel Of Fortune Game (LR)	9:30 Shopping w/ Gary (LOB) 10:30 Chair Exercise at Home (Channel 970) 10:30 Scavenger Hunt (LAR) 2:00 Lakeside Bingo (Bistro) 3:30 New Resident Reception 3rd Floor (Bistro) 6:30 Evening Movie Netflix Series The Crown (LR)	Happy Birthday Jenilee Brookshire 10:00 Group Crossword (LAR) 10:30 Chair Exercise at Home (Channel 970) 11:00 Stretch w/ Genesis (LAR) 2:00 Cook Book Recipe Bakeoff (LAR) 3:30 What's Cooking Happy Hour (Bistro)	10:00 Current Events (LAR) 10:00 Saturday Morning Classic TV (LR) 10:30 Chair Exercise at Home (Channel 970) 1:00 Trivia (LAR) 2:00 Lakeside Bingo (Bistro) 3:15 Classic TV (LR) 6:30 Evening Movie A League of Its Own (LR)

January 2021

Lakeside at Mallard Landing Assisted Living
1109 S. Schumaker Dr. ~ Salisbury, MD 21804 ~ (410) 749-4480



SUN	MON	TUE	WED	THUR	FRI	SAT
10:30 Get Moving (FR) 10:30 Sacred Hymns (FR) 10:45 Daily Chronicles (FR) 11:00 Church Service (FR) 1:30 News & Views (HR) 2:30 Happy Hour (DR) 4:00 Puzzel Time 6:30 Hallmark Movie (FR)	ROOM KEY CHPL - Chapel DR - Dining Room FR - Family Room HR - Hobby Room LOB - Lakeside Lobby MR - Music Room	S - Sunroom			New Year's Day 10:00 Stretch with Genesis (HR) 10:45 Daily Chronicles (FR) 11:00 Watercolor Class (HR) 1:30 What's New? (FR) 2:30 Happy Hour (DR) 3:00 Choir Practice 4:00 Who Am I? (FR) 7:00 Wheel of Fortune (FR)	10:30 Get Moving (FR) 10:30 Visits w/ Taffy (LOB) 10:45 Daily Chronicles (FR) 11:00 Jeopardy (FR) 1:00 You Pick (FR) 1:30 Manicure Mania 2:30 Happy Hour (DR) 3:00 Let's go to the Movies 6:00 Resident Choice (FR) 7:00 Talk of The Town (FR)
10:30 Get Moving (FR) 10:30 Sacred Hymns (FR) 10:45 Daily Chronicles (FR) 11:00 Church Service (FR) 1:30 News & Views (HR) 2:30 Happy Hour (DR) 4:00 Puzzel Time 6:30 Hallmark Movie (FR)	10:00 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Body & Brain Exercise (MR) 1:30 Drum Circle (MR) 2:30 Happy Hour (DR) 3:00 Exploring Old Homes (FR) 4:00 The Andy Griffith Show (HR) 7:00 Wheel of Fortune (FR)	9:30 Visits with Sully (FR) 10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Finish The Phrase (FR) 1:30 Seated Yoga (HR) 2:00 Group Devotion 2:30 Happy Hour (DR) 3:00 Winter Wonderland Art (HR) 4:00 Lets Learn About Chicago! (FR) 6:15 Word Lingo (FR) 7:00 Evening News (FR)	9:30 Catholic Service (CHPL) 10:00 Stretch with Genesis (HR) 10:00 Visits with Belle (FR) 10:45 Daily Chronicles (FR) 11:00 Short Stories (S) 1:00 Fitness Fun (FR) 2:30 Happy Hour (DR) 3:00 Bingo (HR) 4:00 Fads and Fashions of the 1940's (FR) 7:00 Sort & Solve (HR)	10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Random Trivia (FR) 1:00 Mandala Art & Hymns (FR) 1:30 Seated Yoga (HR) 2:30 Happy Hour (DR) 3:00 Cruising The Town 4:00 Balloon Tennis (HR) 6:15 You Choose (FR) 7:00 Soothing Melodies (MR)	10:00 Stretch with Genesis (HR) 10:45 Daily Chronicles (FR) 11:00 Watercolor Class (HR) 1:30 True or False? (FR) 2:30 Happy Hour (DR) 3:00 Choir Practice 4:00 Group Hangman (FR) 7:00 Wheel of Fortune (FR)	10:30 Get Moving (FR) 10:30 Visits w/ Taffy (LOB) 10:45 Daily Chronicles (FR) 11:00 Jeopardy (FR) 1:00 You Pick (FR) 1:30 Book Club (FR) 2:30 Happy Hour (DR) 3:00 Let's go to the Movies 6:00 Resident Choice (FR) 7:00 Talk of The Town (FR)
10:00 Worship Service w/ Creston Long (CHPL) 10:30 Get Moving (FR) 10:30 Sacred Hymns (FR) 10:45 Daily Chronicles (FR) 11:00 Church Service (FR) 1:30 News & Views (HR) 2:30 Happy Hour (DR) 3:00 Games (HR) 4:00 Puzzel Time 6:30 Hallmark Movie (FR)	10:00 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Body & Brain Exercise (MR) 1:30 Shake Loose Memory Game (HR) 2:30 Happy Hour (DR) 3:00 The Lawrence Welk Show (HR) 4:00 The Alphabet Game (HR) 7:00 Wheel of Fortune (FR)	9:30 Visits with Sully (FR) 10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Balloon Volleyball (MR) 1:30 Seated Yoga (HR) 2:00 Group Devotion (FR) 2:30 Happy Hour (DR) 3:00 Snowflake Craft (HR) 4:00 Winter Hangman (FR) 6:15 Word Lingo (FR) 7:00 Evening News (FR)	9:30 Catholic Service (CHPL) 10:00 Stretch with Genesis (HR) 10:00 Visits with Belle (FR) 10:45 Daily Chronicles (FR) 11:00 Short Stories (S) 1:00 Fitness Fun (FR) 1:30 Cooking Class (DR) 2:30 Happy Hour (DR) 3:00 Bingo (HR) 4:00 Creative Sculpting (HR) 7:00 Sort & Solve (HR)	10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Jeopardy Trivia (FR) 1:00 Mandala Art & Hymns (FR) 1:00 Town Hall (HR) 1:30 Seated Yoga (HR) 2:00 Culinary Delight: Fruit Cakes (DR) 2:30 Happy Hour (DR) 3:00 Hot Coco Chat (DR) 4:00 Winter Pictionary (HR) 6:15 You Choose (FR) 7:00 Soothing Melodies (MR)	10:00 Stretch with Genesis (HR) 10:45 Daily Chronicles (FR) 11:00 Watercolor Class (HR) 1:30 Let's Learn Science: Building! (HR) 2:30 Happy Hour (DR) 3:00 Choir Practice 4:00 Shake Loose Memory Game (FR) 7:00 Wheel of Fortune (FR)	10:30 Get Moving (FR) 10:30 Visits w/ Taffy (LOB) 10:45 Daily Chronicles (FR) 11:00 Jeopardy (FR) 1:00 You Pick (FR) 1:30 Manicure Mania (HR) 2:30 Happy Hour (DR) 3:00 Let's go to the Movies 6:00 Resident Choice (FR) 7:00 Talk of The Town (FR)
Happy Birthday Howard N! 10:30 Get Moving (FR) 10:30 Sacred Hymns (FR) 10:45 Daily Chronicles (FR) 11:00 Church Service (FR) 1:30 News & Views (HR) 2:30 Happy Hour (DR) 4:00 Puzzel Time 6:30 Hallmark Movie (FR)	Martin Luther King Jr. Day 10:00 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Body & Brain Exercise (MR) 1:30 All About Martin Luther King (FR) 2:30 Happy Hour (DR) 3:00 Let's Learn About The Arctic! (FR) 4:00 Piano Sing-Along (MR) 7:00 Wheel of Fortune (FR)	9:30 Visits with Sully (FR) 10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Finish The Phrase (FR) 1:30 Seated Yoga (HR) 2:30 Happy Hour (DR) 3:00 Cruising the Town 4:00 Group Crossword (FR) 6:15 Word Lingo (FR) 7:00 Evening News (FR)	Inauguration Day 9:30 Catholic Service (CHPL) 10:00 Stretch with Genesis (HR) 10:00 Visits with Belle (FR) 10:45 Daily Chronicles (FR) 11:00 Short Stories (S) 12:00 Pizza Party (DR) 1:00 Fitness Fun (FR) 2:30 Happy Hour (DR) 3:00 Bingo (HR) 4:00 Presidential Fun Facts (FR) 7:00 Sort & Solve (HR)	10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Animal Trivia (FR) 11:00 Winter Trivia (FR) 1:00 Mandala Art & Hymns (FR) 1:30 Seated Yoga (HR) 2:30 Happy Hour (DR) 3:00 Broadway Sing-Along (HR) 4:00 Bean Bag Toss (HR) 6:15 You Choose (FR) 7:00 Soothing Melodies (MR)	10:00 Stretch with Genesis (HR) 10:45 Daily Chronicles (FR) 11:00 Watercolor Class (HR) 1:30 Spa Time (FR) 2:30 Happy Hour (DR) 3:00 Choir Practice 4:00 Winter Sensations (HR) 7:00 Wheel of Fortune (FR)	10:30 Get Moving (FR) 10:30 Visits w/ Taffy (LOB) 10:45 Daily Chronicles (FR) 11:00 Jeopardy (FR) 1:00 You Pick (FR) 1:30 Sort & Solve (HR) 2:30 Happy Hour (DR) 3:00 Let's go to the Movies 6:00 Resident Choice (FR) 7:00 Talk of The Town (FR)
Happy Birthday Howard S! 10:30 Get Moving (FR) 10:30 Sacred Hymns (FR) 10:45 Daily Chronicles (FR) 11:00 Church Service (FR) 1:30 News & Views (HR) 2:30 Happy Hour (DR) 3:00 Games (HR) 4:00 Puzzel Time 6:30 Hallmark Movie (FR)	10:00 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Body & Brain Exercise (MR) 1:30 Winter Reminisce (S) 2:30 Happy Hour (DR) 3:00 Drum Circle (MR) 4:00 The Carol Burnett Show (HR) 7:00 Wheel of Fortune (FR)	9:30 Visits with Sully (FR) 10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Bowling (FR) 1:30 Seated Yoga (HR) 2:00 Group Devotion (FR) 2:30 Happy Hour (DR) 2:30 MC Birthday Party! (DR) 3:00 Snowman Art (HR) 4:00 Talk of The Town (FR) 6:15 Word Lingo (FR) 7:00 Evening News (FR)	Happy Birthday Gary! 9:30 Catholic Service (CHPL) 10:00 Stretch with Genesis (HR) 10:00 Visits with Belle (FR) 10:45 Daily Chronicles (FR) 11:00 Short Stories (S) 1:00 Fitness Fun (FR) 2:30 Happy Hour (DR) 3:00 Bingo (HR) 4:00 Reading Circle (FR) 7:00 Sort & Solve (HR)	Happy Birthday Pat! 10:30 Get Moving (FR) 10:45 Daily Chronicles (FR) 11:00 Football Trivia (FR) 1:00 Mandala Art & Hymns (FR) 1:30 Seated Yoga (HR) 2:30 Happy Hour (DR) 3:00 Name That Tune (HR) 4:00 Bead Craft (HR) 6:15 You Choose (FR) 7:00 Soothing Melodies (MR)	10:00 Stretch with Genesis (HR) 10:45 Daily Chronicles (FR) 11:00 Watercolor Class (HR) 1:30 Greatest Superbowl Commercials (HR) 2:30 Happy Hour (DR) 3:00 Choir Practice 4:00 Who Am I? (FR) 7:00 Wheel of Fortune (FR)	10:30 Get Moving (FR) 10:30 Visits w/ Taffy (LOB) 10:45 Daily Chronicles (FR) 11:00 Jeopardy (FR) 1:00 You Pick (FR) 1:30 Manicure Mania (HR) 2:30 Happy Hour (DR) 3:00 Let's go to the Movies 6:00 Resident Choice (FR) 7:00 Talk of The Town (FR)

January 2021

MC Activities Calendar

SUN	MON	TUE	WED	THUR	FRI	SAT
8:00 Chair Exercise at Home (Channel 970) 31 8:00 Church Service (non denominational) (Channel 970) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:15 Mallard Movie Sunday! The Big Chill (MGR)			ROOM KEY MGR - Mallard Game Room MGR RSVP - Mallard Game Room R.S.V.P. MLIB - Mallard Library PDR - Private Dining Room PUB - Pub	Happy Birthday 1 Isabelle Smith 4 Barbara Schmitt 11 Nancy Hughes 18 Janice Webb 22 Lynn Becker 23 Louise Morgan 24 Joan Wolter 30 Peggy Layton	New Year's Day 1 10:30 Strength & Stretch (MAR RSVP!) 10:30 Chair Exercise at Home (Channel 970) 2:00 Movie Time Netflix The Crown (MGR RSVP)	10:30 Chair Exercise at Home (Channel 970) 2
8:00 Chair Exercise at Home (Channel 970) 3 8:00 Church Service (non denominational) (Channel 970) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:15 Mallard Movie Sunday! Harriet (MGR)	10:00 Library Committee Meeting (MLIB) 4 10:30 Strength & Stretch (MAR RSVP!) 10:30 Chair Exercise at Home (Channel 970) 2:00 Big \$ Bingo! \$2 buy in! (Pub RSVP!)	10:30 Chair Exercise at Home (Channel 970) 5 2:30 Movietime Netflix The Crown (MGR RSVP)	10:30 Strength & Stretch (MAR RSVP!) 6 10:30 Chair Exercise at Home (Channel 970) 2:00 Bingo (Pub RSVP!)	9:30 Grocery Shopping (RSVP!) 7 10:30 Chair Exercise at Home (Channel 970) 11:30 Lunch Out Smitty McGees (Fenwick Island)	10:30 Strength & Stretch (MAR RSVP!) 8 10:30 Chair Exercise at Home (Channel 970) 11:00 Ripples Committee Meeting (PDR) 2:00 Movie Time Netflix The Crown (MGR RSVP)	10:30 Chair Exercise at Home (Channel 970) 9
8:00 Chair Exercise at Home (Channel 970) 10 8:00 Church Service (non denominational) (Channel 970) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:15 Mallard Movie Sunday! Return To Me (MGR)	10:30 Strength & Stretch (MAR RSVP!) 11 10:30 Chair Exercise at Home (Channel 970) 1:00 Jewelry With Linda UPDATE (Mallard Activity Room R.S.V.P.) 2:00 Big \$ Bingo! \$2 buy in! (Pub RSVP!)	10:30 Chair Exercise at Home (Channel 970) 12 2:30 Movietime Netflix The Crown (MGR RSVP)	10:00 Finance Committee (Pub RSVP!) 13 10:30 Strength & Stretch (MAR RSVP!) 10:30 Chair Exercise at Home (Channel 970) 1:00 Travels With Linda (MGR RSVP) 2:00 Bingo (Pub RSVP!)	9:30 Grocery Shopping (RSVP!) 14 10:30 Chair Exercise at Home (Channel 970) 11:30 Lunch at The Atlantic Hotel Berlin (Clubhouse Lobby RSVP!)	10:30 Strength & Stretch (MAR RSVP!) 15 10:30 Chair Exercise at Home (Channel 970) 12:00 Mall Shopping (RSVP!) 2:00 Movie Time Netflix The Crown (MGR RSVP)	10:30 Chair Exercise at Home (Channel 970) 16
8:00 Chair Exercise at Home (Channel 970) 17 8:00 Church Service (non denominational) (Channel 970) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:15 Mallard Movie Sunday! Guilty (MGR)	Martin Luther King Jr. Day 18 10:30 Strength & Stretch (MAR RSVP!) 10:30 Chair Exercise at Home (Channel 970) 2:00 Big \$ Bingo! \$2 buy in! (Pub RSVP!)	10:30 Chair Exercise at Home (Channel 970) 19 10:30 Food Committee Meeting (PDR) 2:30 Movietime Netflix The Crown (MGR RSVP)	Inauguration Day 20 10:30 Strength & Stretch (MAR RSVP!) 10:30 Chair Exercise at Home (Channel 970) 2:00 Bingo (Pub RSVP!)	9:30 Grocery Shopping (RSVP!) 21 10:00 Events Committee (PUB) 10:30 Chair Exercise at Home (Channel 970) 12:00 Lunch at Olive Garden (Clubhouse Lobby RSVP!)	10:30 Strength & Stretch (MAR RSVP!) 22 10:30 Chair Exercise at Home (Channel 970) 2:00 Movie Time Netflix The Crown (MGR RSVP)	10:30 Chair Exercise at Home (Channel 970) 23
8:00 Chair Exercise at Home (Channel 970) 24 8:00 Church Service (non denominational) (Channel 970) 10:30 Chair Exercise at Home (Channel 970) 11:00 Church Service (non denominational) (Channel 970) 1:15 Mallard Movie Sunday! Momma Mia (MGR)	10:30 Strength & Stretch (MAR RSVP!) 25 10:30 Chair Exercise at Home (Channel 970) 2:00 Big \$ Bingo! \$2 buy in! (Pub RSVP!)	10:00 Discovery University (MGR RSVP) 26 10:30 Chair Exercise at Home (Channel 970) 2:30 Movietime Netflix The Crown (MGR RSVP)	10:30 Strength & Stretch (MAR RSVP!) 27 10:30 Chair Exercise at Home (Channel 970) 2:00 Bingo (Pub RSVP!)	9:30 Grocery Shopping (RSVP!) 28 10:30 Chair Exercise at Home (Channel 970) 10:30 Lunch at Tidewater Inn, Easton (Clubhouse Lobby RSVP!)	10:30 Strength & Stretch (MAR RSVP!) 29 10:30 Chair Exercise at Home (Channel 970) 2:00 Movie Time Netflix The Crown (MGR RSVP)	10:30 Chair Exercise at Home (Channel 970) 30

January 2021

Mallard Landing Activities Calendar